

**Troy High & Athens
Lunch Menu**



June 2018



CREATIONS

JUNE MENU

	Monday	Tuesday	Wednesday	Thursday	Friday
4 th -8 th	Sweet & Sour Chicken with Brown Rice Steamed Broccoli	Spaghetti with Meat Sauce or Marinara V & Garlic Breadstick Roasted Italian Vegetables	Pulled Pork with Cornbread Biscuit Sweet Potato Fries	Chili Cheese Fries with Dinner Roll Corn	Cheese Quesadillas or Nachos Aztec Corn
11 ^h -15 th	Chef's Creation with Vegetable	Chef's Creation with Vegetable	<i>Students Attend AM only</i>	<i>Students Attend AM only</i>	<i>Students Attend AM only</i> <i>Enjoy Summer Break!</i>

Each meal meets USDA meal requirements for grades 6-8 with a minimum of 1 oz M/MA, 1 oz eq grain, 1 cup fruit, 1 cup vegetable and a variety of 8 fluid ounces milk. Milk options include 1% and nonfat white milk. Items marked with a **V** are vegetarian. Many of our other daily specials have the option to be made **vegetarian**, just ask!



GRILL

JUNE MENU

	Monday	Tuesday	Wednesday	Thursday	Friday
4th-8th	Philly Cheesesteak Hamburger Cheeseburger Garden/Black Bean Burger V Crispy/Spicy Chicken Patty Bosco Sticks V	Chicken Parm Sandwich Hamburger Cheeseburger Garden/Black Bean Burger V Crispy/Spicy Chicken Patty Bosco Sticks V	Bacon Cheeseburger Hamburger Cheeseburger Garden/Black Bean Burger V Crispy/Spicy Chicken Patty Bosco Sticks V	Pulled Pork Sandwich Hamburger Cheeseburger Garden/Black Bean Burger V Crispy/Spicy Chicken Patty Bosco Sticks V	Chicken Cordon Bleu Hamburger Cheeseburger Garden/Black Bean Burger V Crispy/Spicy Chicken Patty Bosco Sticks V
11^h-15th	Hamburger Cheeseburger Garden/Black Bean Burger V Crispy/Spicy Chicken Patty Bosco Sticks V	Hamburger Cheeseburger Garden/Black Bean Burger V Crispy/Spicy Chicken Patty Bosco Sticks V	<i>Students Attend AM only</i>	<i>Students Attend AM only</i>	<i>Students Attend AM only</i> <i>Enjoy Summer Break!</i>

Each meal meets USDA meal requirements for grades 6-8 with a minimum of 1 oz M/MA, 1 oz eq grain, 1 cup fruit, 1 cup vegetable and a variety of 8 fluid ounces milk. Milk options include 1% and nonfat. Items marked with a **V** are vegetarian.



PIZZA

JUNE MENU

	Monday	Tuesday	Wednesday	Thursday	Friday
4th-8th	BBQ Chicken Pizza Cheese Pizza V Pepperoni Pizza	Bosco Sticks & Sauce V Cheese Pizza V Pepperoni Pizza	Garden Veggie Pizza V Cheese Pizza V Pepperoni Pizza	Sausage Pizza Cheese Pizza V Pepperoni Pizza	Hawaiian Pizza Cheese Pizza V Pepperoni Pizza
11^h-15th	Chef's Creation Pizza Cheese Pizza V Pepperoni Pizza	Chef's Creation Pizza Cheese Pizza V Pepperoni Pizza	<i>Students Attend AM only</i>	<i>Students Attend AM only</i>	<i>Students Attend AM only</i> <i>Enjoy Summer Break!</i>

Each meal meets USDA meal requirements for grades 6-8 with a minimum of 1 oz M/MA, 1 oz eq grain, 1 cup fruit, 1 cup vegetable and a variety of 8 fluid ounces milk. Milk options include 1% and nonfat white milk. Items marked with a **V** are vegetarian.

JUNE MENU

DELI

Monday	Tuesday	Wednesday	Thursday	Friday
<p><u>Protein</u> Salami Turkey Ham Roast Beef Chicken/Tuna Salad Hummus V American Cheese V White American/Swiss V</p> <p><u>Bread</u> V Whole Grain Sub Whole Grain Tortilla Whole Grain Bread Whole Grain Flatbread</p> <p><u>Veggies</u> V Lettuce Spinach Tomato Onions Black Peppers Green Peppers Banana Peppers Pickles</p> <p><u>Sauce</u> V Mayo Chipotle Mayo Mustard Italian/Ranch Dressing</p>	<p><u>Protein</u> Buffalo Chicken Turkey Ham Roast Beef Chicken/Tuna Salad Hummus V American Cheese V White American/Swiss V</p> <p><u>Bread</u> V Whole Grain Sub Whole Grain Tortilla Whole Grain Bread Whole Grain Flatbread</p> <p><u>Veggies</u> V Lettuce Spinach Tomato Onions Black Peppers Green Peppers Banana Peppers Pickles</p> <p><u>Sauce</u> V Mayo Chipotle Mayo Mustard Italian/Ranch Dressing</p>	<p><u>Protein</u> Bacon Turkey Ham Roast Beef Chicken/Tuna Salad Hummus V American Cheese V White American/Swiss V</p> <p><u>Bread</u> V Whole Grain Sub Whole Grain Tortilla Whole Grain Bread Whole Grain Flatbread</p> <p><u>Veggies</u> V Lettuce Spinach Tomato Onions Black Peppers Green Peppers Banana Peppers Pickles</p> <p><u>Sauce</u> V Mayo Chipotle Mayo Mustard Italian/Ranch Dressing</p>	<p><u>Protein</u> Chicken Nuggets Turkey Ham Roast Beef Chicken/Tuna Salad Hummus V American Cheese V White American/Swiss V</p> <p><u>Bread</u> V Whole Grain Sub Whole Grain Tortilla Whole Grain Bread Whole Grain Flatbread</p> <p><u>Veggies</u> V Lettuce Spinach Tomato Onions Black Peppers Green Peppers Banana Peppers Pickles</p> <p><u>Sauce</u> V Mayo Chipotle Mayo Mustard Italian/Ranch Dressing</p>	<p><u>Protein</u> Pepperoni Turkey Ham Roast Beef Chicken/Tuna Salad Hummus V American Cheese V White American/Swiss V</p> <p><u>Bread</u> V Whole Grain Sub Whole Grain Tortilla Whole Grain Bread Whole Grain Flatbread</p> <p><u>Veggies</u> V Lettuce Spinach Tomato Onions Black Peppers Green Peppers Banana Peppers Pickles</p> <p><u>Sauce</u> V Mayo Chipotle Mayo Mustard Italian/Ranch Dressing</p>

Each meal meets USDA meal requirements for grades 9-12 with a minimum of 2 oz M/MA, 2 oz eq grain, 1 cup fruit, 1 cup vegetable and a variety of 8 fluid ounces milk. Milk options include 1% and nonfat white milk. Items marked with a **V** are vegetarian.



FAST TAKES

JUNE MENU

	Monday	Tuesday	Wednesday	Thursday	Friday
4th-8th	Turkey and Cheese Ham and Cheese Chicken Caesar Wrap Chef Salad Garden Salad v	Ham and Cheese American Sub American Wrap Chicken Caesar Salad Garden Salad v	Turkey and Cheese Ham and Cheese Sub Buffalo Chicken Wrap Crispy Chicken Salad Garden Salad v	Ham and Cheese American Sub Crispy Chicken Wrap Chef Salad Garden Salad v	Turkey and Cheese Italian Sub Ranch Chicken Wrap Chicken Fajita Salad Garden Salad v
11^h-15th	Turkey, Ham OR Chicken Sandwiches Deli Salad Garden Salad v	Turkey, Ham OR Chicken Sandwiches Deli Salad Garden Salad v	<i>Students Attend AM only</i>	<i>Students Attend AM only</i>	<i>Students Attend AM only</i> <i>Enjoy Summer Break!</i>

Each meal meets USDA meal requirements for grades 6-8 with a minimum of 1 oz M/MA, 1 oz eq grain, 1 cup fruit, 1 cup vegetable and a variety of 8 fluid ounces milk. Milk options include 1% and nonfat white milk. Items marked with a **v** are vegetarian.