

# Larson, Boulan & Smith September 2017



**Meal Prices: Real Meal Deals Starting at \$2.65-\$4.00**  
 \*Includes 1 Entrée, Fruit & Vegetable Side & Milk  
 \*Combo Deal Includes 1 Entrée, Fruit & Vegetable Side, a Milk and French Fries for an Additional \$1.00.



A variety of deli sandwiches, subs, wraps, and Salads are available daily.  
 \$2.65-\$4.00



A Variety of Fresh Fruits and Vegetables are available at all lines. See menu for daily Hot Vegetable featured at the Traditions Stations Low Fat/Fat Free Milk included with meals.



**EVERYDAY CHOICES:**  
 Cheese & Pepperoni Pizza  
 See Menu for Daily Specials  
 \$2.65

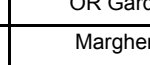
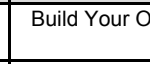
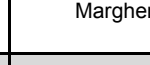
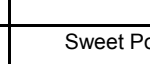


**EVERYDAY CHOICES**  
 Hamburger, Cheeseburger, Spicy or Crispy Chicken Sandwich  
 Bosco Sticks available Tuesday & Thursday  
 See menu for daily specials



	Monday	Tuesday	Wednesday	Thursday	Friday
					1
	4	5	6	7	8
TRADITIONS			Build Your Own Pasta Bar	Chicken Fajitas w. Salsa Bar Toppings	French Toast Sticks w/ Turkey Sausage
THRIVE	Labor Day	Students Attend	California Blend Vegetables	Refried Beans	Baked Cinnamon Apples
HONOR ROLL	No School	AM Only	Meatball Sub OR Grilled Cheese	Hot Dog OR Garden Burger	Cuban Chicken Sandwich OR Black Bean Burger
UPPER CRUST			Buffalo Chicken Pizza	Meatball Calzone	Meat Lover's Pizza
	11	12	13	14	15
TRADITIONS	Sweet & Sour Chicken w. Brown Rice	Chicken Tenders w. Biscuit	Build Your Own Pasta Bar	Tuscan Grilled Chicken Sandwich	Cheese Quesadilla
THRIVE	Steamed Broccoli	Sweet Potato Fries	Steamed Green Beans	California Blend Vegetables	Refried Beans
HONOR ROLL	Philly Steak and Cheese OR Black Bean Burger	Chicken Parm Sandwich OR Gardenburger	Pulled Pork Sandwich OR Grilled Cheese	Bacon Cheeseburger OR Gardenburger	Chicken Cordon Blue OR Black Bean Burger
UPPER CRUST	BBQ Chicken Pizza	Margherita Pizza	Veggie Pizza	Sausage Pizza	Hawaiian Pizza
	18	19	20	21	22
TRADITIONS	General Tso's Chicken w. Brown Rice	Beefy Mac w. Roll	Chicken Quesadilla with Salsa Bar Toppings	Chicken Nuggets w. Roll	Cheese Ravioli OR Build Your Own Pasta Bar
THRIVE	Ginger Carrots	Steamed Green Beans	Aztec Corn	Mashed Potatoes & Gravy	Steamed Broccoli
HONOR ROLL	Monterey Black Bean Burger	Grilled Ham & Cheese Sandwich OR Gardenburger	Meatball Sub OR Grilled Cheese	Hot Dog OR Garden Burger	Cuban Chicken Sandwich OR Black Bean Burger
UPPER CRUST	Buffalo Chicken Pizza	Sausage Pizza	Supreme Pizza	Chicken Florentine Pizza	BBQ Chicken Flat Bread
	25	26	27	28	29
TRADITIONS	Chicken Tenders with Roll.	Build Your Own Pasta Bar	Drumstick w. Roll	Stuffed Baked Potato	Beef and Cheese Nachos or Beef Tacos
THRIVE	Sweet Potato Fries	Steamed Green Beans	Mashed Potatoes & Gravy	Roasted Italian Vegetables	Refried Beans
HONOR ROLL	Philly Steak and Cheese OR Black Bean Burger	Chicken Parm Sandwich OR Gardenburger	Pulled Pork Sandwich OR Grilled Cheese	Bacon Cheeseburger OR Gardenburger	Honey BBQ Chicken Sandwich
UPPER CRUST	Taco Pizza	Margherita Pizza	Bruschetta Pizza	Sausage Pizza	Chicken Bacon Ranch Pizza

**Mindful Means...**  
 A new commitment to wellness. Mindful delivers satisfying portions that meet specific nutrition guidelines while maximizing the amount of fiber and other essential nutrients.. **Look for the Mindful logo to find our NEW Mindful creations available on the menu**



*This institution is an equal opportunity provider and employer.*