

Troy & Athens HS Menu

May 2017



Real Meal Deals Starting at \$2.65
 *Includes 1 Entrée, Fruit & Vegetable Side & Milk
 *Combo Deal Includes 1 Entrée, Fruit & Vegetable Side, Milk, and French Fries for an Additional \$1.00.
All Meals must have a fruit or a vegetable!

EVERYDAY CHOICES

A Variety of Freshly made Deli and Vegetarian Sandwiches, Subs, & Wraps
 Fresh Deli & Vegetarian Salads
 Yogurt, Yogurt Parfaits, Fruit Smoothies



\$2.65

EVERYDAY CHOICES

Cheese, Cheese with Pepperoni Pizza and Daily Specialty Pizzas



\$2.65—\$3.25

EVERYDAY CHOICES

Hamburger, Cheeseburger, Breaded Chicken Sandwich, Chicken Tenders and Nuggets, Bosco Breadsticks

Daily Rotating Specialty Sandwiches:

Bacon Cheeseburger, Spicy Chicken Sandwich, Gardenburger, Grilled Chicken Sandwich



\$3.50

EVERYDAY CHOICES

Freshly Sliced Cold Cuts & Cheeses with an Assortment of Fresh Vegetables, Breads, Wraps & Sauces

Sides are Offered Daily with All Meals

Vegetable of the day featured at the Creations Station, Seasonal Fresh Fruit and Vegetables, Including But Not Limited To: Apples, Oranges, Pears, Garden Salad, Baby Carrots, Celery Sticks and Low Fat White and Flavored Milk

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1. Italian Meatball Sub Served with Seasoned Green Beans	2. Cheese Ravioli with a Side Salad and a Garlic Breadstick OR Create-Your-Own Pasta Bar	3. Chicken or Cheese Quesadillas served with Spanish Rice, Refried Beans, and Salsa Bar Toppings OR Beef & Cheese Nachos	4. Build-it-your-way Breakfast Burrito Served with a Side of Tater Tots	5. Baked Potato Bar Served a variety of Toppings and a Breadstick
8. Asian Chicken Bowl: General Tso's Popcorn Chicken Bites over Brown Rice with Steamed Broccoli	9. Spaghetti with Meat Sauce Served with a Side Salad and a Garlic Breadstick OR Create-Your-Own Pasta Bar	10. Loaded Chicken Nachos served with Spanish Rice, Black Beans, And Salsa Bar Toppings OR Beef & Cheese Nachos	11. Waffles Served with Sausage, Maple Syrup and Hash Brown Patties	12. BBQ Chicken Drumstick Served with Baked Beans & a Biscuit
15. Spicy Chicken Wings Tossed with your choice of BBQ or Buffalo Sauce Served with Carrots and Celery Sticks and Mini Soft Pretzel	16. Penne Chicken Alfredo with a Steamed Broccoli and a Garlic Breadstick OR Create-Your-Own Pasta Bar	17. Chicken or Beef Soft Tacos served with Spanish Rice, Refried Beans, and Salsa Bar Toppings OR Beef & Cheese Nachos	18. Build-it-your-way Breakfast Sandwich Served with a side of Tater Tots	19. Baked Macaroni & Cheese with Steamed Broccoli and a Dinner Roll
22. Crispy Chicken Drumstick Served with Mashed Potatoes, Gravy and a Bis- cuit	23. Cheese Lasagna with a Side Salad and a Garlic Breadstick OR Create-Your-Own Pasta Bar	24. Chicken Fajitas served with Spanish Rice, Refried Beans, and Salsa Bar Toppings OR Beef & Cheese Nachos	25. French Toast Served with Sausage, Maple Syrup and Hash Brown Patties	26. Asian Chicken Bowl: Sweet and Sour Popcorn Chicken Bites over Brown Rice with Steamed Broccoli
29. Memorial Day No School	30. Chicken Parmesan Over Pasta with Green Beans and a Garlic Breadstick OR Create-Your-Own Pasta Bar	31. Taco Salad served with Spanish Rice, Black Beans, and Salsa Bar Toppings OR Beef & Cheese Nachos	1. Build-it-your-way Breakfast Bowl with Cubed Breakfast Potatoes and a Biscuit	2. BBQ Chicken Drumstick Served with Corn on the Cob & a Dinner Roll